

May 2026

Golden Valley Lodge #616 Newsletter



Fäviken in Jämtland

The lovely scenery around Fäviken in the north of Sweden makes a beautiful setting for one of Sweden's most renowned culinary treats, 'Fäviken Magasinet'. The restaurant is known for its daring cooking techniques and for using only local food in the menu, almost all of it from the surrounding estate. This is in part made possible by the 'allemansrätten' – the right of public access – which gives everyone the right to enjoy Sweden's outdoors, including the right to pick mushrooms, herbs, and berries. The right also brings responsibilities – to treat flora and fauna and other people's property with care. It can be summed up in the phrase 'don't disturb, don't destroy'

Credits: Simon Paulin/imagebank.sweden.se



Dear Brothers and Sisters:

Welcome to our May meeting! Susanne Guerra will be our hostess. We are adding appetizers for our social time because it was such a big hit last month. This will be our last regular meeting before September because June is Taco

Guy and bingo. Please bring nice Swedish items for prizes.

We will have flyers for our Anniversary Celebration at the Queen Mary October 24th. June is also Midsummer at Vasa Park and the week of Viking Village.

Jason

If you have not paid your membership dues, they are due. 2026 rate is \$35
Questions? Ask:
akarling20@yahoo.com

Please send your checks to:
Ann-Kristin Karling
as listed in the directory,
or bring to a meeting

Reimbursement for an expense:

Cecilia Danhi
Email: Ceciliadanhi@hotmail.com

GVL Happenings

May & June 2026 Birthdays!!

MAY (5)

Roland Gustavsson	1
Rebecca Thorsen	4
Danielle Sommer	8
Anders Heinstedt	10
Kerstin Thorsen	11
Carter Lien	13
Lena Osman	17
Stefan Lundberg	17
Kayla Santana	21
Lacey Dodd Cardenas	22
Elizabeth Wubker	22
Carolyn Manley	23
Taz Luna	24
Roy Olson	24
Ernie Jurgens	27
Ian Cardenas	31
Berit Stenhoj	31
Norma Halvorson	31

JUNE (6)

Linda Trowbridge	2
Dylan Olson	3
Daniel Buck	5
Lars-Ove Nilsson	6
Thomas Anderson	6
Hanna Olson	9
Christina Poe	12
Daniel Wendt	13
Robert Linfors	15
Lindsey Wendt	17
Nathan Coddling	18
Gary Andonian	20
Ethel Rosalie Loberg	21
Jessica Osman	29



2026 Golden Valley Lodge Board & Service Positions

Chair: Jason Trowbridge
 Vice Chair: Cecilia Brady
 Past Chair: Delphine Trowbridge
 Recording Secretary: Cecilia Danhi
 Assistant Secretary: Jennifer Norman Lund
 Membership Secretary: Jana Gasior
 Financial Secretary: Ann-Kristin Karling
 Treasurer: Birgitta Clark
 Chaplain: Beth Bunnell
 Master of Ceremonies: Stig Eneberg
 Assistant MoC: Anneli Brady
 Cultural: Laurie Taylor
 Trustee Chairman 1 yr: Bertil Winther
 Trustee 2 yr: Delphine Trowbridge
 Trustee 3 yr: Kerstin Wendt
 Auditor chairman 1 yr: Britt Potter
 Auditor 2 yr: Wenche Eklund
 Auditor 3 yr: Linda Trowbridge
 Events Co-Chair: Maggie Connelly
 & Delphine Trowbridge
 Scholarships: Hubert Pitters, Beth Bunnell, Gunilla Thelin, Wenche Eklund, Britt-Marie Potter
 Financial: Hubert Pitters
 Newsletter, Historian & Vasa Star: Laurie Taylor
 Vasa Park: Richard Heinstedt, Linnea Heinstedt, Dorothy Burns
 Alternate Ann-Sofi Holst
 Bar: Valerie & Dylan Olson
 Youth Group: Cecilia Trowbridge

Viking Village 2026

Viking Village will run from June 21 - June 28, ending on our Midsummer celebration day.

There is still time to sign up your children or grandchildren for Viking Village at our beautiful Vasa Park. Contact Ann Heinstedt for details and to sign up.

ann@vasapark.org

Cultural Corner - PROVINCE OF ÖLAND

Submitted by Maidie Karling, District Cultural Leader



Credits: Per Pixel Petersson/imagebank.sweden.se

The word Ö in Sweden translates in English to Island. (not the country). Öland is located just east of Småland in the Baltic sea. It is where the Swedish Royal Family have its summer house. “Solliden”. If you are in Småland in the city of Kalmar, there is a bridge that takes you to Öland.

Öland is vacation paradise. Borgholm is the main city on Öland, which is a historic town and the seat of Borgholm Municipality known for its Castle ruins and Solliden as mentioned. On Öland due to tourism there are plenty of shops,

restaurants and cultural events.

Borgholm Castle is a magnificent ruin of a 17th-century fortress, now a major tourist site with a museum and concerts.

Solliden Castle’s Garden is open for tourists in summer from middle of May to September. 10.00 am – 6.00 pm Tickets: Adult 150 SEK, 7-18 years 70 SEK, 0-6 years No Charge. Address: Sollidenvägen, 387 92 Borgholm Sweden.

The island of Öland

Öland, or Oland, in the Baltic sea is the second-largest Swedish island. It is connected to the mainland by a six kilometres long bridge. Archaeological evidence indicates the island of Öland was settled about 8000 BC. Today it is home to an annual harvest festival. In the main town Borgholm, a pumpkin man built out of pumpkins and squash is erected at the town center.

Borgholm city is best known for its once-magnificent fortress, Borgholm Castle, which is now in ruins. The city serves as the centre of northern Öland and is one of the most popular summer resorts in Sweden.



Credits: Per Pixel Petersson/imagebank.sweden.se

April Meeting - Initiations

