

March 2025

Golden Valley Lodge #616 Newsletter



The Swedish north - Övertorneå is a small town with about 2,000 inhabitants in the north of Sweden bordering to Finland. Torne River, one of the largest rivers in Sweden, passes through the municipality. Tornedalers, who are one of Sweden's five official national minorities, have lived in the area around Torne Valley for centuries and speak Meänkieli, a language related to Finnish, Estonian and the Sami language, among others.

Credits: Nanaka Adashi/imagebank.sweden.se



This month we will be draping the charter to honor our beloved departed sister, Maria Jacobs.

Our Zion flyer is ready and will be posted on the bulletin board. We will have more information on our other trip this year within the coming months.

Our March dinner hosts will be Beth and Susanne. We will be having member initiations next month in April.

Thank you and let's have a great meeting!

Jason Trowbridge

If you have not paid your membership dues, they are due.

Questions? Ask:

akarling20@yahoo.com

Please send your checks to:
Ann-Kristin Karling
13754 Burbank Blvd.
Sherman Oaks, CA 91401

Reimbursement for an expense:

Cecilia Danhi
Email: Ceciliadanhi@hotmail.com

GVL Happenings

Happy March/April Birthday!!!

MARCH (3)

Linnea Heinstedt	1
Lois Halvorson	3
Cecilia Brady	8
Jack Storch	11
Beth Bunnell	16
Morgan Klintare	20
Sara Buck	21
Valerie Olson	21
Britt-Marie Potter	22
Stig Eneberg	24
Kerstin Engblom	30
Maidie Karling	30

APRIL (4)

Connie Sparks	1
Natalie Mikkelsen	1
Eivor Wester	1
Nikki Taylor	5
Tommy Eneberg	6
Kristina Thorsen	11
Kerstin Wendt	13
Kate Stermer	14
Ann-Kristin Karling	14
Erik Karling	16
Jessica Santana	16
Tommy Eneberg	16
Ann-Sofi Holst	17
Rose Nilsson	17
Clinton Lien, Jr.	21
Marianne Farm-Reinholds	24
Gunilla Hamaoui	29
Nuria Lindberg	30



2025 Dues

Please pay your 2025 dues. If you paid for the Christmas dinner, then your dues are taken care of. If not, please pay ASAP.

Maria Jacobs

We are still waiting to hear more about Maria Jacobs passing and service.



2025 Golden Valley Lodge Board & Service Positions

Chair: Jason Trowbridge
 Vice Chair: Cecilia Brady
 Past Chair: Delphine Trowbridge
 Recording Secretary: Cecilia Danhi
 Assistant Secretary: Dorothy Burns
 Membership Secretary: Danielle Sommer
 Financial Secretary: Ann-Kristin Karling
 Treasurer: Bingitta Clark
 Chaplain: Beth Bunnell
 Master of Ceremonies: Stig Eneberg
 Assistant MoC: Anneli Brady
 Cultural: Laurie Taylor
 Trustee Chairman 1 yr: Kerstin Wendt
 Trustee 2 yr: Bertil Winther
 Trustee 3 yr: Maria Jacobs 
 Auditor chairman 1 yr: Linda Trowbridge
 Auditor 2 yr: Britt Potter
 Auditor 3 yr: Wenche Eklund
 Events Co-Chair: Maggie Connelly & Delphine Trowbridge
 Scholarships: Hubert Pitters, Beth Bunnell
 Financial: Hubert Pitters
 Historian & Vasa Star: Laurie Taylor
 Vasa Park: Richard Heinstedt, Linnea Heinstedt, Dorothy Burns
 Alternate Ann-Sofi Holst
 Bar: Valerie & Dylan Olson
 Newsletter: Laurie Taylor
 Youth Group: Cecilia Trowbridge



Culture Corner

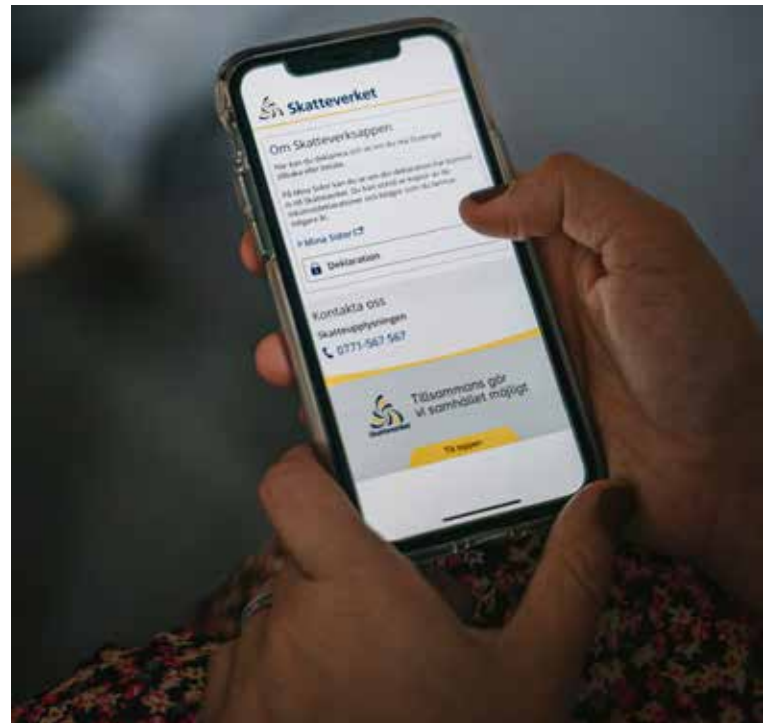
Digitalisation

Early action to promote digitalisation has meant that Sweden is now one of the most connected countries in the world. Most government services, such as declaring taxes, can be done via apps on your phone.

Information technology

Sweden being geographically large with a small population has been a driving force in its development of infrastructure and communication, including mobile phones.

Sweden has always had demand for solid transportation and communications networks. Early action to promote digitalisation has meant that Sweden is now one of the most connected countries in the world with one of the highest rates of computer, internet and mobile penetration. As a result, the country is frequently used as a test market for new services and technology. This has helped innovations in ICT, such as Skype



Credits: Lieselotte van der Meijs/imagebank.sweden.se

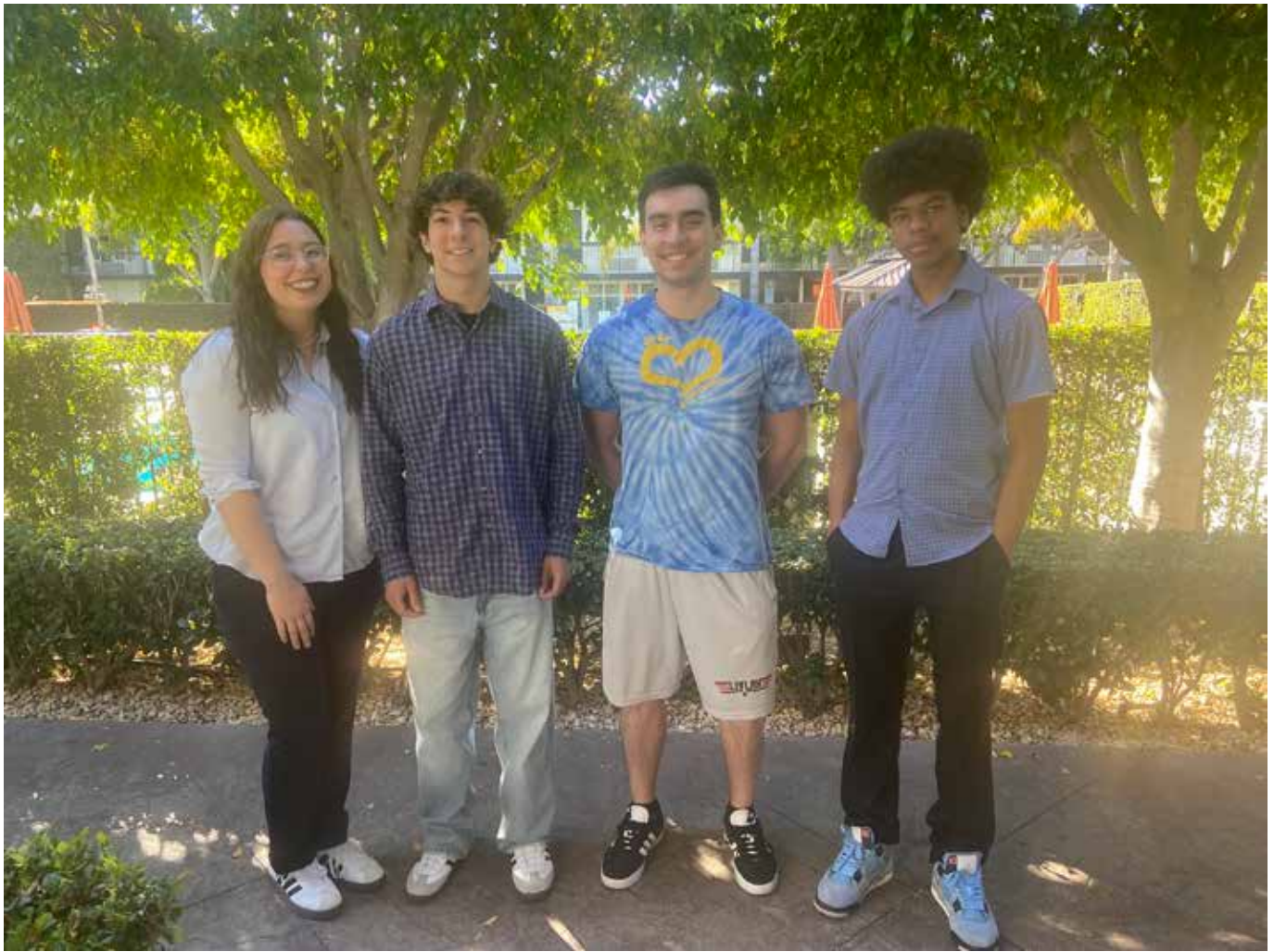


Semla

The cream buns known as 'semmlor' are historically tied to Shrove Tuesday, as the 'semla' was the last festive food before Lent.

Today even secular Swedes make a religion of eating these delicious buns in the month or so leading up to Easter. It is a very rich bun filled with marzipan and whipped cream, flavored with cardamom.

Credits: Susanne Walström/imagebank.sweden.se



Golden Valley Members who won scholarships from the District at the Convention
.Natalie Taylor, Ryan Guerra, Jason Trowbridge, and Sean-Evan Rogers.



A very BIG thank you to our dinner hosts, Ann Heinstadt and Heidi Klintare, for the pea soup dinner at our February meeting! They kindly provided a meatless version of the soup as well. Unfortunately, I didn't get a photo of them.