

May 2024

# Golden Valley Lodge #616 Newsletter



Stockholm, one of the most beautiful capitals in the world, is built on 14 islands connected by 57 bridges. The beautiful buildings, the greenery, the fresh air and the proximity to the water are distinctive traits of this city.

Credits: Ola Ericson/Stockholmsfoto/imagebank.sweden.se



Dear Brothers and Sisters:

Happy May Day! This year is zipping by and soon it will be summer. We will have our social on our June 13th meeting and we will have Taco Guy again. We will have music and bingo. Please bring items for the bingo raffle, preferably Swedish items. July 2 is our Hollywood Bowl event with fireworks and a picnic. Please send

in your \$30.00 to secure your reservation. This month Tiffany Storch and Jennifer Dewey will be our hostesses for a wonderful spring evening.

See you May 10 th .

*Delphine*

If you have not paid your membership dues, they are due.

Questions? Ask:  
akarling20@yahoo.com

Please send your checks to:  
Ann-Kristin Karling  
13754 Burbank Blvd.  
Sherman Oaks, CA 91401

Reimbursement for an expense:

Dorothy Burns  
8201 Glade Avenue  
Canoga Park, CA 91304

or  
gladegal2003@yahoo.com

# GVL Happenings



Theme for next meeting:

Sock Hop!

Dress Up!

Happy May/June Birthday!!!

## MAY (5)

Roland Gustavsson	1
Rebecca Thorsen	4
Danielle Sommer	8
Anders Heinstedt	10
Kerstin Thorsen	11
Carter Lien	13
Lena Osman	17
Stefan Lundberg	17
Ryan Guerra	21
Kayla Santana	21
Lacey Dodd Cardenas	22
Elizabeth Wubker	22
Carolyn Manley	23
Taz Luna	24
Roy Olson	24
Ernie Jurgens	27
Berit Stenhoj	31
Norma Halvorson	31



## JUNE (6)

Linda Trowbridge	2
Dylan Olson	3
Daniel Buck	5
Lars-Ove Nilsson	6
Thomas Anderson	6
Hanna Olson	9
Christina Poe	12
Daniel Wendt	13
Robert Linfors	15
Lindsey Wendt	17
Nathan Coddling	18
Gary Andonian	20
Ethel Rosalie Loberg	21
Jessica Osman	29

## 2024 Golden Valley Lodge Board & Service Positions

**Chair:** Delphine Trowbridge  
**Vice Chair:** Jason Trowbridge  
**Past Chair:** Maidie Karling  
**Recording Secretary:** Dorothy Burns  
**Assistant Secretary:** Cecilia Danhi  
**Membership Secretary:** Danielle Sommer  
**Financial Secretary:** Ann-Kristin Karling  
**Treasurer:** Birgitta Clark  
**Chaplain:** Beth Bunnell  
**Master of Ceremonies:** Stig Eneberg  
**Assistant MoC:** Lucas Taylor  
**Cultural:** Susanne Moreland/Laurie Taylor  
**Trustee Chairman 1 yr:** Maria Jacobs  
**Trustee 2 yr:** Kerstin Wendt  
**Trustee 3 yr:** Bertil Winther  
**Auditor chairman 1 yr:** Ann Heinstedt  
**Auditor 2 yr:** Britt Potter  
**Auditor 3 yr :** Linda Trowbridge  
**Events Co-Chair:** Maggie Connelly & Delphine Trowbridge  
**Scholarships:** Beth Bunnell, Hubert Pitters  
**Financial:** Hubert Pitters  
**Historian:** Laurie Taylor  
**Vasa Park:** Dorothy Burns, Richard Heinstedt, Linnea Heinstedt  
**Alternative:** Ann-Sofi Holst  
**Bar:** Valerie & Dylan Olson  
**Newsletter:** Laurie Taylor  
**Youth Group:** Cecilia Trowbridge  
**Vasa Star:** Laurie Taylor

## Two Golden Valley Members Engaged!



Nikki (aka Nicolette) Taylor and Aaron Gomes, recently got engaged at Vasa Park. Aaron chose the park because it means so much to the family! Nikki is Granddaughter of Dorothy Burns and daughter of Laurie Burns-Taylor. **Congratulations!!!**

# Things to do in Sweden in May

What to do in Sweden in May? There is an music featural, a sci-fi festival, a film festival, an art fair, important religious holidays. A short list of the top events in May follows.

## May Day – 1 May 2024

The Botanical Gardens in Lund are a glorious oasis with a unique variety of species. Photo Credit: Aline Lessner/image-bank.sweden.se. The first of May is a celebration of the working classes in many countries. And Sweden is no exception.

Demonstrations supporting workers' rights are held in many Swedish cities. But for many Swedes, May First is a good excuse to enjoy nature.

## Ascension Day – 9 May 2024

Because Ascension Day takes place 39 days after Easter Sunday, it falls on a different date each year.

However, just as Easter always falls on a Sunday, Ascension Day always falls on a Thursday. Known as Kristi himmelfärdsdag in Swedish, Ascension Day is a bank holiday in Sweden. According to Christian belief, it commemorates the ascension of Jesus Christ to Heaven.

Many Swedes get up between 3 and 4 am on Ascension Day. And they make trips into the countryside. And the purpose of their expedition is to hear the cuckoos chirping at sunrise. If the sound comes from the east or the west, it is a lucky sign. And if it comes from the north or the south, it bodes bad luck. Most importantly, if the weather in Sweden cooperates, many Swedes have a picnic breakfast in the country. In addition, they often sing or play musical instruments.

Ascension Day in Sweden also marks the unofficial beginning of the fishing season. And Swedes traditionally believed that fish would not bite until Ascension Day.

## Friday After Ascension Day – 10 May 2024

Since Ascension Day always falls on a Thursday, many Swedish companies give their employees the next day off. This allows them to enjoy a four-day weekend.

## Whit Sunday – 19 May 2024

Whit Sunday is a Christian holiday. It is also known as Pentecost. And it celebrates when the Holy Spirit visited the apostles and disciples..

Known as Piingstdagen in Swedish, the celebration of Whit Sunday in Sweden usually begins the night before, when families enjoy a large meal together.

Because Whit Sunday usually happens at the same time that the weather in Sweden warms up, many Swedes celebrate the holiday outdoors.

Whit Sunday is 50 days after Easter. Therefore, it falls on a different day each year. Whit Sunday will fall on 31 May in 2024.

## Monstera's Blue and Roots Festival – 2024 Date Pending

This blues music festival bills itself as “the nicest festival in Sweden”.

Monstera's Blues and Roots Festival – Monstera's is roughly 275 kilometers south of Stockholm.

## Scifiworld – 2024 Date Pending

Sci-fi comic books, video games, and movies will be in the spotlight at Scifi World in Gothenburg. Vendors will sell figurines, posters, jewellery, and costumes.

Scifiworld – Mässans Gata/Korsvägen, 412 94 Gothenburg, Sweden.

## Supermarket International Art Fair – 2024 Date Pending

The public can paint murals on a wall in the district of Södermalm in Stockholm, Sweden. It can be painted over and over again.

Supermarket – Stockholm Independent Art Fair gives independent artists from around the world the chance to showcase their work.

Attendees include artists, gallerists, collectors, museum directors, and curators. Genres include paintings, sculpture, sound and other installations, videos, multimedia, and prints. In addition to exhibitions, there are seminars, performances, and networking opportunities.

**Supermarket Stockholm Independent Art Fair – Skrapan, Götgatan 78, Södermalm, Stockholm Sweden.**

## Weather in Sweden in May

May weather in Sweden sees spring turning into summer. And Swedish cities and towns are full of life.

Southern Sweden is particularly beautiful in May. To clarify, May is when the canola fields explode into a riot of yellow and gold.

### May Weather in Stockholm

Stockholm is Sweden's largest city. And it is also the nation's capital. Built on a series of islands, Stockholm is a stunningly beautiful city with countless lakes, bays, canals, and wetlands.

So what is the weather in Stockholm in May like? The average high temperature in Stockholm in May is 16 degrees Celsius, or 61 degrees Fahrenheit. At night, the temperature drops to an average low of 6 degrees Celsius, or 43 degrees Fahrenheit.

There is an average of 8 hours of sunshine in Stockholm in May, making it the third sunniest month of the year. There is an average of 11 rainy days in Stockholm in May. The average humidity is 63%.

### May Weather in Gothenburg

Gothenburg is Sweden's second largest city. And it is located on the country's west coast. The average high in Gothenburg in May is 5.5 Celsius, or 42 Fahrenheit. And the average low is 2.5 degrees Celsius, or 35 degrees Fahrenheit.

### May Weather in Malmo

Malmo is Sweden's third largest city. And it sits at the southwestern tip of Sweden. Most importantly, it is across the Ore-sund River from Copenhagen, Denmark.

The average high temperature in Malmo in May is 16 degrees Celsius, or 61 degrees Fahrenheit. At night, the temperature drops to an average low of 6 degrees Celsius, or 43 degrees Fahrenheit.

There is an average of 8.5 hours of sunshine in Malmo in both May and Jly. After June, they are second sunniest month of the year. There is an average of 12 rainy days. The average humidity is 74%

### Weather in Uppsala in May

Uppsala is Sweden's fourth largest city. It is 71 kilometers, or 44 miles, north of Stockholm.

The average high temperature in Uppsala in May is 16 degrees Celsius, or 61 degrees Fahrenheit. At night, the temperature drops to an average low of 6 degrees Celsius, or 43 degrees Fahrenheit.

There is an average of 8.5 hours of sunshine in Uppsala in May. It is the third sunniest month of the year. There is an average of 10 rainy days in Uppsala in May. The average humidity is 88%

## LOPPIS! Re-sell and reuse



Yard sales, garage sales and flea markets are popular in Sweden. It brings in extra cash and helps spare nature's limited resources. The word 'loppis' is short for the Swedish word for flea market, 'loppmarknad'. Waste management and recycling is a big part of the Swedish identity. It is common practice to separate household waste under the kitchen sink and bring it to the municipal recycling stations where most household waste can be sorted and recycled. In Sweden there is a recycling premium on almost all bottles and cans which is refunded once returned to the store. Sweden now prohibits the sale of drinks in plastic bottles or metal cans that are not part of an approved recycling system.

# Culture Corner: Hell, Norway



## Welcome to Hell, the Norwegian town that freezes over every winter

A visit to the village is, in reality, anything but hellish – and there are plenty of pleasant things to do in Hell, Norway. While most visitors come for the train station or the Blues in Hell festival, the village is dotted with handfuls of cool attractions, such as rock carvings, a historic bridge, and a shopping centre, to name a few. You can also venture out to nearby villages and view the historic churches of Lånke and Værnes.

### **Hell Train Station**

Hell Train Station is surrounded by forested, lush hills, and it is a perfect pit stop for low-key visitors. Most Hell passersby pose for a picture by the railway's sign, which reads: "Hell Station – God's Expedition." When the train station was still regularly used, god-

sekspedisjon, meaning "goods inspection" or "cargo handling" in Norwegian, would be written on the sign in order to alert engineers, conductors, and other persons. Over time, the phrase "God's Expedition" was adapted. When visiting the sign today, both Norwegians and tourists can delight in the interesting historical tidbit – and it's even more interesting (seeming) connection to the village's name today.

While there is not much else to do at the closed station, you can always take a peaceful walk-through as you picture the once-bustling train station or wait for the occasional train to pop through on signal.

Trains that do happen to stop are either part of the

regional line from nearby Trondheim (these are part of the Nordland Line, which heads towards Northern Norway) or part of the Meråker Line, which connects to the Swedish railway network.

### **Blues in Hell festival**

This annual music festival usually takes place in early September. It's hosted at the Scandic Hell Hotel, located only two minutes from Trondheim Airport. The festival was first established in 1992 in an effort to revive and promote Norway's blues music scene. In less than 30 years, the festival has expanded to include 100-plus concerts over four stages and over 30 Norwegian, international, and up-and-coming artists to partake in a musical mesh. Here, you can groove to acoustic blues, next-generation blues, blues rock, and swing. Listen

and dance away alongside tasty food and drink.

### **Rock carvings of Hell**

Continue your immersion into Hell's history by hiking 0.5 km to the Helleristninger, a site featuring reindeer and smaller animal carvings from the Stone Age. Discovered in 1895, Hell's collection of rock carvings is among the most famous in Norway, alongside the UNESCO-protected rock art in Alta.

Wondering what the coordinates of Hell are? Hell, Norway sits on the 63rd latitude north and 11th latitude east.

Happy travels to Hell!

## *Our April Meeting*

*I am sorry there are no pictures for the last meeting. Luc and I were very sick.  
Thank you so much for the flowers!!! We felt the love!*

## *Vasa Park Spring Picnic*



*A beautiful day at Vasa Park!*

# Vasa Park Spring Picnic



Plenty of water in the creek for the paddle boats!



## More Vasa Park Spring Picnic



Great day at Vasa Park... and the pictures to prove it!

