

January 2022

# Golden Valley Lodge #616 Newsletter



Dear Brothers and Sisters,

Welcome to 2022 and hopefully we will see the end of this pandemic. We will hold our January 13th meeting at Prince of Peace, but we ask that only those members and guests that are vaccinated attend. We will also ask that you wear masks except when you are eating and drinking. Good news is that

Gertie Lingstrom will serve her delicious pea soup. We will have the pancakes and dessert as well as a raffle.

The district 15 Convention has been postponed and they are planning a date in May to reschedule. NOW is the time to send in your reservations for our Yosemite trip April 23-25. Keep safe.

*Delphine*

If you have not paid your membership dues, they are due.

Questions? Ask: [akarling20@yahoo.com](mailto:akarling20@yahoo.com)

Please send your checks to:  
Ann-Kristin Karling  
13754 Burbank Blvd.  
Sherman Oaks, CA 91401

Reimbursement for an expense:

Dorothy Burns  
8201 Glade Avenue  
Canoga Park, CA 91304

or  
[gladegal2003@yahoo.com](mailto:gladegal2003@yahoo.com)

# GVL Happenings

## Happy January Birthday!!!

Isabella Muscarella	3
Birgitta Clark	5
Tyra Dios	7
Rigmor Johnsdotter	9
Mary Locke	11
Jennifer Dewey	13
Ruzenka di Benedetto	28
Lars Heinstedt	29
Mathew Locke	31

Ha en trevlig födelsedag!



## 2021/2022 Golden Valley Lodge Board & Service Positions

**Chair:** Delphine Trowbridge  
**Vice Chair:** Andrea Tabanelli  
**Past Chair:** Maidie Karling  
**Corresponding Secretary:** Dorothy Burns  
**Assistant Secretary:** Mona Steffen  
**Financial Secretary:** Ann-Kristin Karling  
**Treasurer:** Birgitta Clark  
**Chaplain:** Beth Bunnell  
**Master of Ceremonies:** Jason Trowbridge  
**Assistant MoC:** Dylan Olson  
**Cultural:** Laurie Taylor  
**Chairman of Trustees:** Kerstin Wendt  
    **Trustee 2 years** Maria Jacobs  
    **Trustee 3 years** Wenche Eklund  
**Chairman of Auditors** Maidie Karling  
    **Auditor 2 years** Britt Potter  
    **Auditor 3 years** Ann Heinstedt  
**Membership Chair:** Maidie Karling  
**Events Co-Chair:** Maggie Connelly  
    & Delphine Trowbridge  
**Scholarship Chair:** Beth Bunnell  
**Financial Chair:** Hubert Pitters  
**Historian:** Laurie Taylor  
**Vasa Park:** Richard Heinstedt  
**Bar:** Roy and Hanna Olson  
**Newsletter:** Laurie Taylor  
**Youth Group:** Nicolette Taylor

“Fear less, hope more;  
eat less, chew more;  
whine less, breathe more;  
talk less, say more;  
hate less, love more;  
and all good things are yours.”

Swedish Proverb

# Culture Corner: Swedish January traditions



Credits: Hans Strand/Folio/imagebank.sweden.se

Sources Imagebank.sweden.se, <https://www.yourlivingcity.com/stockholm/community/swedish-culture/swedish-traditions-january/>

## **Nyårsdagen (New Year's Day): Wednesday 1st January**

Of course New Year's eve is the big build up, but everyone is waiting for New Year's day when all the fun begins. Many Swedes will watch the countdown at Skansen and gaze at the fireworks display. A new year is worth dressing up for! Swedes also like to spend New Year's Eve with their friends, eating good food, making champagne toasts and sending off fireworks or holding sparklers. Around this time in Sweden, there are very few hours of daylight, so fireworks are often heard throughout the day. But as the clock strikes twelve, the skies light up with explosions and colours. As with the states, on the stroke of twelve itself it's customary to give each other nyårspussen (the New Year's kiss) and drink each other's health with champagne.

New Year's day itself is still important, even if it's just to sleep off the hangover from the previous night's celebrations. It might be that morning 'beer fear' that led to the idea of new year's resolutions; whatever the reason, the idea is to make a promise with one's self to do something different to better life in the coming year, whether it's to stop smoking, lose weight or... drink less next New Year's eve!

It's customary to have a nice family meal for lunch on 1st January, as opposed to the expensive meal with friends the night before. Some odder (but fun) traditions for the big day include watching the 1982 version of *Ivanhoe* (shown on TV3 at 3pm), the ski jumping tournament in Garmisch-Partenkirchen



*Credits: Carolina Romare/imagebank.sweden.se*

(shown on SVT1 at 2pm) and the New Year's Concert broadcast from Vienna (shown on SVT2 at 11:15pm).

### **Trettondedag jul 6th January**

Meaning the thirteenth day of Christmas, Trettondedag jul, or Epiphany, is a Christian tradition that commemorates the visit of the Magi to the baby Jesus.

Sweden is in the main a secular society, but traditions are held in the highest esteem. Although it's officially a national holiday, many celebrations tend to be low-key with many Swedes taking the chance to go skiing, shopping or to catch-up on some sleep after the Christmas festivities. There are also some wonderful concerts held in churches across Stockholm, with beautiful music to be heard, whatever your religious persuasion.

### **Tjugonedag jul 13th January**

Not to make Swedes sound as though they are obsessed with numbers, but it is twenty days after Christmas that the season is declared officially over hence the tjugondag. Sometimes called King Knut's Day, the knut part relates to a saint who has his name day on this date. There are a few other versions as to the

beginnings of this tradition. One story is that Knut Levard was a Danish duke who was assassinated by his cousin and rival on January 7th, 1131, so he could usurp the Danish throne. There was then a civil war, which led to Knut being named a saint. There is another more colorful tale of a king who wanted Christmas to last a little longer. Either way, what an excellent excuse to extend the holiday season. Christmas is 'danced out' round the tree, which is stripped of all its decorations and any goodies from it are distributed amongst the children before it is taken away (in olden times, thrown out of the window). For good luck, it is important to remove the tree from a different doorway than it was brought in. This ceremony is charmingly named julgransplundring, Christmas tree plundering and 'stealing' all the treats from it. The season of giving, even from the tree, is now officially over! It's not an official public holiday, but it's still a popular time for low-key celebrations, with children singing and dancing around the old Christmas tree and finishing leftover chocolates and sweets from its branches. If you really enjoy the holiday season, King Knut's Day gives you an excuse not to remove any decorations or stop listening to Christmas music until January 13th!

# GVL Christmas Party 2021

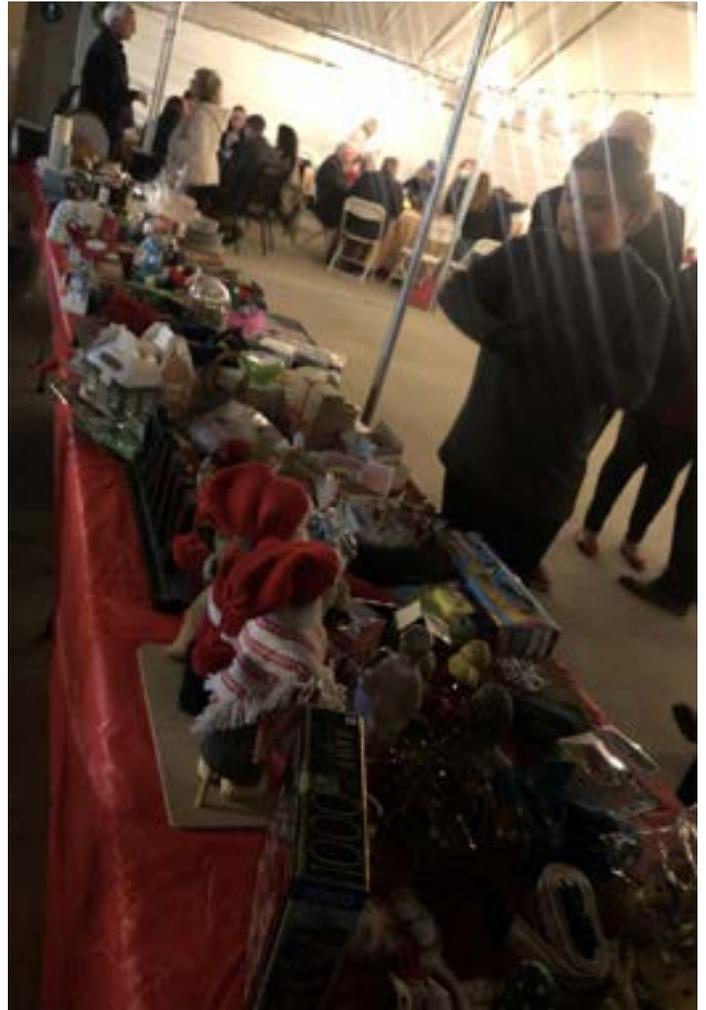


*Holiday photos by  
Mona Steffen,  
Lisa Eklund,  
and  
Laurie Taylor*





*Even at this busy time of year, we get Santa Claus to attend. Here he is with Ann-Kristin and her daughter Ashlyn.*



*The wonderful raffle table*



*Lisa with our new members, Dakota Martinez and Sandra Pehrsson*





*L-R Mona Steffen,  
Andrea Tabanelli  
and  
Carolyn Manley*



*Lisa Eklund and Laurie Taylor*



*Some members from Skandia Lodge attended  
including Moises Ramirez, Kathryn Martin,  
Sonia and Michael Lent.*



*Lisa Eklund and Kerri Mikkelsen*



*Roy Olson*