

January 2022

Golden Valley Lodge #616 Newsletter



Dear Brothers and Sisters,

Welcome to 2022 and hopefully we will see the end of this pandemic. We will hold our January 13th meeting at Prince of Peace, but we ask that only those members and guests that are vaccinated attend. We will also ask that you wear masks except when you are eating and drinking. Good news is that

Gertie Lingstrom will serve her delicious pea soup. We will have the pancakes and dessert as well as a raffle.

The district 15 Convention has been postponed and they are planning a date in May to reschedule. NOW is the time to send in your reservations for our Yosemite trip April 23-25. Keep safe.

Delphine

If you have not paid your membership dues, they are due.

Questions? Ask: akarling20@yahoo.com

Please send your checks to:
Ann-Kristin Karling
13754 Burbank Blvd.
Sherman Oaks, CA 91401

Reimbursement for an expense:

Dorothy Burns
8201 Glade Avenue
Canoga Park, CA 91304

or
gladegal2003@yahoo.com

GVL Happenings

Happy January Birthday!!!

Isabella Muscarella	3
Birgitta Clark	5
Tyra Dios	7
Rigmor Johnsdotter	9
Mary Locke	11
Jennifer Dewey	13
Ruzenka di Benedetto	28
Lars Heinstedt	29
Mathew Locke	31

Ha en trevlig födelsedag!



2021/2022 Golden Valley Lodge Board & Service Positions

Chair: Delphine Trowbridge
Vice Chair: Andrea Tabanelli
Past Chair: Maidie Karling
Corresponding Secretary: Dorothy Burns
Assistant Secretary: Mona Steffen
Financial Secretary: Ann-Kristin Karling
Treasurer: Birgitta Clark
Chaplain: Beth Bunnell
Master of Ceremonies: Jason Trowbridge
Assistant MoC: Dylan Olson
Cultural: Laurie Taylor
Chairman of Trustees: Kerstin Wendt
 Trustee 2 years Maria Jacobs
 Trustee 3 years Wenche Eklund
Chairman of Auditors Maidie Karling
 Auditor 2 years Britt Potter
 Auditor 3 years Ann Heinstedt
Membership Chair: Maidie Karling
Events Co-Chair: Maggie Connelly
 & Delphine Trowbridge
Scholarship Chair: Beth Bunnell
Financial Chair: Hubert Pitters
Historian: Laurie Taylor
Vasa Park: Richard Heinstedt
Bar: Roy and Hanna Olson
Newsletter: Laurie Taylor
Youth Group: Nicolette Taylor

“Fear less, hope more;
eat less, chew more;
whine less, breathe more;
talk less, say more;
hate less, love more;
and all good things are yours.”

Swedish Proverb

Culture Corner: Swedish January traditions



Credits: Hans Strand/Folio/imagebank.sweden.se

Sources Imagebank.sweden.se, <https://www.yourlivingcity.com/stockholm/community/swedish-culture/swedish-traditions-january/>

Nyårsdagen (New Year's Day): Wednesday 1st January

Of course New Year's eve is the big build up, but everyone is waiting for New Year's day when all the fun begins. Many Swedes will watch the countdown at Skansen and gaze at the fireworks display. A new year is worth dressing up for! Swedes also like to spend New Year's Eve with their friends, eating good food, making champagne toasts and sending off fireworks or holding sparklers. Around this time in Sweden, there are very few hours of daylight, so fireworks are often heard throughout the day. But as the clock strikes twelve, the skies light up with explosions and colours. As with the states, on the stroke of twelve itself it's customary to give each other nyårspussen (the New Year's kiss) and drink each other's health with champagne.

New Year's day itself is still important, even if it's just to sleep off the hangover from the previous night's celebrations. It might be that morning 'beer fear' that led to the idea of new year's resolutions; whatever the reason, the idea is to make a promise with one's self to do something different to better life in the coming year, whether it's to stop smoking, lose weight or... drink less next New Year's eve!

It's customary to have a nice family meal for lunch on 1st January, as opposed to the expensive meal with friends the night before. Some odder (but fun) traditions for the big day include watching the 1982 version of *Ivanhoe* (shown on TV3 at 3pm), the ski jumping tournament in Garmisch-Partenkirchen



Credits: Carolina Romare/imagebank.sweden.se

(shown on SVT1 at 2pm) and the New Year's Concert broadcast from Vienna (shown on SVT2 at 11:15pm).

Trettondedag jul 6th January

Meaning the thirteenth day of Christmas, Trettondedag jul, or Epiphany, is a Christian tradition that commemorates the visit of the Magi to the baby Jesus.

Sweden is in the main a secular society, but traditions are held in the highest esteem. Although it's officially a national holiday, many celebrations tend to be low-key with many Swedes taking the chance to go skiing, shopping or to catch-up on some sleep after the Christmas festivities. There are also some wonderful concerts held in churches across Stockholm, with beautiful music to be heard, whatever your religious persuasion.

Tjugonedag jul 13th January

Not to make Swedes sound as though they are obsessed with numbers, but it is twenty days after Christmas that the season is declared officially over hence the tjugondag. Sometimes called King Knut's Day, the knut part relates to a saint who has his name day on this date. There are a few other versions as to the

beginnings of this tradition. One story is that Knut Levard was a Danish duke who was assassinated by his cousin and rival on January 7th, 1131, so he could usurp the Danish throne. There was then a civil war, which led to Knut being named a saint. There is another more colorful tale of a king who wanted Christmas to last a little longer. Either way, what an excellent excuse to extend the holiday season. Christmas is 'danced out' round the tree, which is stripped of all its decorations and any goodies from it are distributed amongst the children before it is taken away (in olden times, thrown out of the window). For good luck, it is important to remove the tree from a different doorway than it was brought in. This ceremony is charmingly named julgransplundring, Christmas tree plundering and 'stealing' all the treats from it. The season of giving, even from the tree, is now officially over! It's not an official public holiday, but it's still a popular time for low-key celebrations, with children singing and dancing around the old Christmas tree and finishing leftover chocolates and sweets from its branches. If you really enjoy the holiday season, King Knut's Day gives you an excuse not to remove any decorations or stop listening to Christmas music until January 13th!

GVL Christmas Party 2021

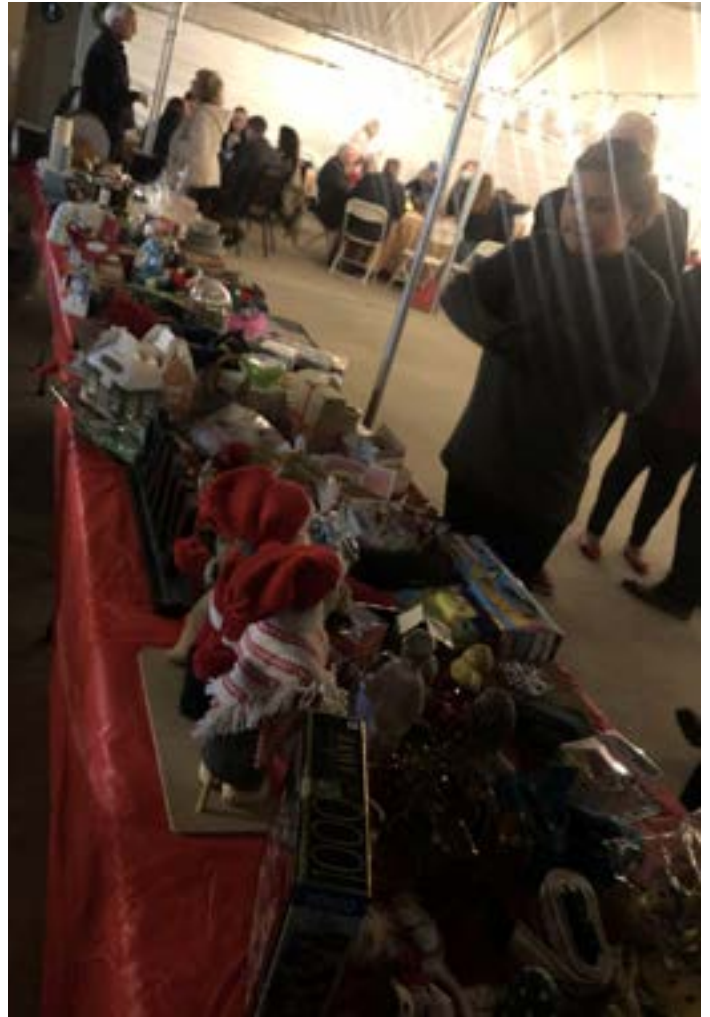


*Holiday photos by
Mona Steffen,
Lisa Eklund,
and
Laurie Taylor*





Even at this busy time of year, we get Santa Claus to attend. Here he is with Ann-Kristin and her daughter Ashlyn.



The wonderful raffle table



Lisa with our new members, Dakota Martinez and Sandra Pehrsson





*L-R Mona Steffen,
Andrea Tabanelli
and
Carolyn Manley*



Lisa Eklund and Laurie Taylor



*Some members from Skandia Lodge attended
including Moises Ramirez, Kathryn Martin,
Sonia and Michael Lent.*



Lisa Eklund and Kerri Mikkelsen



Roy Olson