

November 2021

Golden Valley Lodge #616 Newsletter

*Pine forest in Sweden during autumn. Experience the beautiful colors when the blueberry bushes change to their red leaves during the autumn.
Credits: Anders Tedeholm / ImageBank.Sweden.se*



Dear Brothers and Sisters,

I am looking forward to our wonderful 75th Celebration on November 13th. We have a wonderful turnout for our celebration. Dorothy and Kirstin have worked very hard to organize the event. December 18th will be our Christmas dinner and Lucia. You must sign up with Lisa Eklund for your reservation and space is limited. We also need raffle items so please bring them to the December 9th meeting. Maidie will provide our pizza dinner and we will take care of our year end business.

Remember there will not be a meeting in November due to the banquet.

In Truth and Unity,
Delphine

If you have not paid your membership dues, they are past due.

Questions? Ask:
akarling20@yahoo.com

Please send your checks to:
Ann-Kristin Karling
13754 Burbank Blvd.
Sherman Oaks, CA 91401

Reimbursement for an expense:

Dorothy Burns
8201 Glade Avenue
Canoga Park, CA 91304

or
gladegal2003@yahoo.com

Golden Valley Lodge #616 • Vasa Order of America •
Meeting 6:30 p.m: Prince of Peace Lutheran Church | 9440 Balboa Blvd | Northridge, CA 91325
info@goldenvalleylodge.org • www.goldenvalleylodge.org

GVL Happenings



Our October dinner hosts: Delphine Trowbridge,
Cecilia and Linda Trowbridge

Happy November Birthday!

Joshua Wendt	2
Jennifer Norman-Lund	3
Anneli Brady	3
Natalie Taylor	7
Rut Eneberg	8
Jennifer DeHart	9
Richard Heinstedt	9
Sonja Andonian	15
Rolf Gustafsson	16
Anna LaCarr	19
Cecilia Trowbridge	19
Mary McMannes	21
Brandon Santana	28
Anne Hansen Cegon	29
Laurie Taylor	29

2021 Golden Valley Lodge Board & Service Positions

Chair: Delphine Trowbridge
Vice Chair: Andrea Tabanelli
Past Chair: Maidie Karling
Corresponding Secretary: Dorothy Burns
Assistant Secretary: Mona Steffen
Financial Secretary: Ann-Kristin Karling
Treasurer: Birgitta Clark
Chaplain: Beth Bunnell
Master of Ceremonies: Jason Trowbridge
Assistant MoC: Dylan Olson
Cultural: Laurie Taylor
Chairman of Trustees: Kerstin Wendt
 Trustee 2 years Maria Jacobs
 Trustee 3 years Wenche Eklund
Chairman of Auditors Maidie Karling
 Auditor 2 years Britt Potter
 Auditor 3 years Ann Heinstedt
Membership Chair: Maidie Karling
Events Co-Chair: Maggie Connelly
& Delphine Trowbridge
Scholarship Chair: Beth Bunnell
Financial Chair: Hubert Pitters
Historian: Laurie Taylor
Vasa Park: Richard Heinstedt
Bar: Roy and Hanna Olson
Newsletter: Laurie Taylor
Youth Group: Nicolette Taylor



If you have any pictures or stories to share, please send them to laurietaylor@hotmail.com!

Culture Corner: Fall, Celsius, All Saints



Fall in Sweden

Photo credit AlexanderTedeholm/imagebank.sweden.se

A fall culinary special is surströmming, or fermented Baltic herring, which is popular in the north. Surströmming parties are also very common at this time, and the tradition comes from the simple fact that at one time it was cheaper to preserve fish by fermenting it than by storing it in salt.

Fall is also a time to visit the woods or the parks and experience the changing of the leaves. Mushroom picking (for the experienced), as well as the picking

of lingonberries and sweet, exotic cloudbberries, are popular. Sweden's last major fall tradition is the eating of goose in the southernmost province of Skåne on November 10th, St. Martin's Day. This is the time when geese are at their fattest, and the meal in honor of the saint is accompanied by a disputed sweet and sour "black soup," and an impressive meringue tower called a spettekaka (a cake made of egg yolks and sugar).

Source - <http://www.geographia.com/sweden/fall.html>



Anders Celsius - November Birthday

November 27, 1701 - Anders Celsius (1701-1744) was born in Sweden. He invented the centigrade (Celsius) temperature scale commonly used in Europe.

Anders Celsius was a Swedish astronomer, physicist and mathematician. He was professor of astronomy at Uppsala University from 1730 to 1744, but traveled from 1732 to 1735 visiting notable observatories in Germany, Italy and France. He founded the Uppsala Astronomical Observatory in 1741, and in 1742 proposed the Centigrade temperature scale which was later renamed Celsius in his honor.

Left: Oil painting of Anders Celsius. The original painting is placed in the astronomical observatory of Uppsala University.

Credit: Public domain Painting by Olof Arenius (1701 - 1766).

Culture Corner: All Saints Day/ Alla Helgons dag



All Saints Day, or Alla Helgons dag as it's called in Swedish, is a tradition that has played a big part in Sweden since the Middle Ages.

All Saints Day is when all Saints are celebrated. Known and unknown. Before this holiday was introduced all Saints within Christianity had their own day where people paid tribute to their respective 'sacrifice', but it wasn't too long until all days of the year was filled with a different saint. That's when it was decided there should be a holiday when all the Saints would be celebrated. This became All Saints Day.

All Saints Day always falls on a Saturday sometime between October 31st and November 6th. Early on it was decided that All Saints Day in Sweden would be celebrated on November 1st, but that was later changed to the first Sunday in November. Then, someone thought Swedes needed more days off work and decided it should fall on the first Saturday of November instead (this was back in the days when most people worked on Saturdays). It is still a holiday in Sweden.

The tradition has shifted a bit since the Middle Ages. In Sweden we don't really celebrate any particular Saint anymore, instead we celebrate lost loved ones. People visit cemeteries, light candles and pay their respects to people they've lost. It's a time for families to come together and remember another time.

All Saints Day vs. Halloween

Halloween is quite a new phenomenon in Sweden. It's not until recent decenniums the American holiday invaded every city, store and citizen's mind. But there is a difference between the two holidays.

Halloween comes from All Hallow's Eve, which in Anglo-Saxon countries are celebrated on October 31st, the day before All Hallow's Day (November 1st). The holiday have roots in Celtic traditions but is nowadays mostly a commercial happening when children (and some adults) go trick-or-treating. And this tradition is not connected to the church in any way, unlike All Saints Day in Sweden. However, they do share the 'fascination' of death and a spooky ambiance.



All Saints' Day at Skogskyrkogården

Skogskyrkogården is considered one of the most important creations of modern architecture, and is even included on UNESCO's World Heritage List. Skogskyrkogården is an example of a "designed experience", with the design created around the visitor's experience of the site.

*Photo credits Cecilia Larsson/
imagebank.sweden.se*

Ann and Richard, parents to Anders Nils Heinstedt with their story



Anders Heinstedt and fiancée, Sabrina Bird



Thanksgiving at the Fire House in Lancaster.

Ann and Richard raised their children with Swedish traditions. Ann was pregnant with Anders when she was chairman of Nordic Heritage Lodge, Santa Clarita 30 years ago. Anders was in attendance for monthly lodge meetings and three Vasa Park picnics each year. Anders started out as a TomteNissa and finished his Lucia days as a Star Boy.

When Anders turned 14, he joined Nordic Heritage Lodge. Since Richard's parents, Bengt and Elvy invited us to come to Golden Valley meeting, Ann and Richard started attending. Anders went to Minnesota's Sjölund program when he was 17. He enjoyed learning Swedish, meeting kids from all over the world and sailing. About 12 years ago, Isabella Muscarella wanted Ann to join Golden Valley and paid for her membership. Following Ann, Richard and Anders joined also. Lodge meetings was a nice time for Anders to spend time with us grandparents and Vasa friends. Not long after, Anders attended Community College for two years and was able to have his first two years of higher education paid by Vasa scholarships. Anders wanted to leave California and try another state so he chose Pocatello, Idaho to attend Idaho State. He learned that when you apply for colleges in many western states, students could qualify for WUE (Western Undergraduate Exchange) program. This allowed him to pay in-state tuition which then he was able to use Vasa scholarships to help with a good portion of

his tuition. Because of scholarships and his work study program, he was able to graduate with only \$6,000 student loans. Anders received an Associate of Arts Degree in Fire Science and a Bachelors in Outdoor Education.

Anders was hired as a Idaho Wild Land firefighter with the Bureau of Land Management for one season. He lived out of his Subaru for a short time until he found a friend to stay with on his couch. When the season was over in 6 months, he came back home. Anders took a couple of months off of work but continued looking for more fire fighter jobs. He landed a Hot Shot firefighter job just 20 minutes from his family home and continued with it a second season. At the end of his second season, he was hired by the Los Angeles County Fire Department. Anders said this is his dream job. Since he has been with LA County, he has been trained in Hazardous Materials, Search and Rescue and just finished the Paramedic program. He enjoys traveling and skiing.

Anders became engaged last year to Sabrina Bird, his high school sweetheart. They have a destination wedding planned for June 21-July 2 in Croatia.

Fun fact: Anders became an Eagle Scout at age 16 and always stated he hated to wear his scout uniform. Now he proudly wears a uniform.



It is tradition that when a firefighter completes an internship at a fire house, he leaves a gift. Anders made this American flag out of fire hose.



Anders as a wildland firefighter.



Until Anders finds his dream house, you can find him living in his van or his sailboat.

Our October Meeting



Newly initiated: Jessica Danhi, Saga Dios, and Florence Bergstrom - WELCOME!



Britt-Marie Potter and Birgitta Clark

Our Fun October Meeting pictures
with dancing, to great music played by
Ernie Jurgens!



*Winche Eklund enjoying the music
from Ernie Jurgens*



Bertil Winther and Florence Bergstrom dancing



Florence Bergstrom and Laurie Taylor dancing

Our Fun October Meeting pictures continued



Mona Steffen and Maidie Karling



Andrea Tabanelli



Laurie Taylor and Jason Blohm



Chef Ashlyn Karling / Ann-Kristin's daughter