

May 2019

Golden Valley Lodge #616 Newsletter



Happy Mother's Day!

"A mother is she who can take the place of all others but whose place no one else can take."- Cardinal Meymillod
"When you look into your mother's eyes, you know that is the purest love you can find on this earth."- Mitch Albom
"Life doesn't come with a manual, it comes with a mother." - Unknown
"If at first you don't succeed, try doing it the way mom told you to in the beginning" - Unknown



Dear Brothers and Sisters:

We did not have a Financial meeting this month due to Hubert's illness. We hope and pray that he will be well soon.

May is our Social and we will have a fantastic evening with entertainment, good food, interesting drinks, and guests. Hans and Viveca Hemberg, minister of the Swedish Church will be attending as well as Chuck and Beth Bunnell, pastor of the Prince of Peace.

Wenche and I attended Easter service at Prince of Peace, and we invited the congregation. Dorothy, Mona and Roy have invited their Swedish Class, also. Maybe some of them will want to become members?

In Truth and Unity,

Delphine

The next meeting is Social Only!
Next meeting is Thursday, May 9, 2019

Please remember to RSVP to dtrowbridge36@gmail.com every month!!!

GVL Happenings



Thank You to the Klintare's -
our April Dinner Hosts!

Reminders!

The Spring Picnic is coming up soon at Vasa Park
on May 5, 2019

Midsummer | June 23, 2019

Viking Village | June 23 - June 28

Social Trip - Vista Festival | September 21-22

Youth Group Disneyland | October 5

Höstmarknad and Meatball Contest | October 20

2019 Golden Valley Lodge Board & Service Positions

Chair: Delphine Trowbridge

Vice Chair: Chase Dodd

Past Chair: Inga Francis

Secretary: Lisa Eklund

Assistant Secretary: Mona Steffen

Financial Secretary: Dorothy Burns

Treasurer: Birgitta Clark

Chaplain: Andrea Tabanelli

Master of Ceremonies: Lucas Taylor

Assistant MoC: Dylan Olson

Cultural: Ruzenna &
Ruzenka di Benedetto

Guard: Cecilia Trowbridge

Incoming Trustee: Kerstin Wendt

Auditors: Britt Marie Potter &
Maidie Karling

Historian: Laurie Taylor

Vasa Park: Richard Heinstdt

Bar: Roy and Hanna Olson

Newsletter: Laurie Taylor

Youth Group: Nicolette Taylor



Happy May Birthdays!

Rebecca Thorsen	4	Stefan Lundberg	17
Anders Heinstdt	10	Kayla Santana	21
Kerstin Thorsen	11	Roy Olson	24
Carter Lien	13	Ruth Kedrowski	29
Lena Osman	17	Berit Stenhoj	31

Ha en trevlig födelsedag!

CULTURE CORNER: Sweden's King of the Forest!



Moose - a.k.a. King of the Forest

With safaris, bumper stickers, oven gloves and t-shirts featuring the moose (or Eurasian elk) it is definitely Sweden's zoological superstar.

There are approximately 350,000 moose in Sweden. If a moose feels cornered, it sometimes lowers its

head and rushes towards people. Every year there are approximately 6,000 road accidents involving moose. Each year about 100,000 of these animals are killed during hunting season in Sweden.



Alexander Hall imagebank.sweden.se

Moose Safari

Meet the king of the forest, the moose, at Smålandet Markaryds Moose Safari. There are several moose farms in Sweden, where you can get close to these majestic animals.

Located in southern Sweden, Småland is home to Swedish wildlife such as moose, wild boar, lynx, osprey, and the white-tailed eagle. There are about 30 000 moose in the forests of Småland, but you can also visit a moose farm if you want to be sure to meet the 'king of the forest' while visiting Sweden.



QUICK FACTS ABOUT MOOSE IN SWEDEN

Scientific name: *Alces alces*

How large is a moose? Moose is the largest of all the deer species. They reach 170 – 210 cm height at shoulder. Bulls weigh 380 – 850 kg and cows weigh 200 – 360 kg.

How long do they live? Moose may live up to 25 years but because of the intensive hunting few moose survive to become older than 10 years. Since more bulls are hunted only 5-10% of the bulls reach the age of 5 years, but cows often become 10 or even 20 years old.

What does a moose look like? Dark brown body with long greyish white legs. Males are distinct with antlers. Antlers are shed each Winter and grow out again during the Summer season. It has a short and stubby hairy tail, long nose and long ears. Under the throat hangs a pendant of fur like a beard. These hooves also act as snowshoes to support the heavy animals in soft snow and in muddy or marshy ground.

What is a moose family? Moose are solitary and do not live in families or herds. The calves follow the cow during one year. During the rut the bulls may come together to battle for mating supremacy. After mating, the two sexes go their separate ways. Though they may occasionally feed in the same grounds, they tend to ignore each other.

How many moose are there in Sweden? The Summer population of Moose in Sweden is estimated to be 300,000–400,000 individuals. Around 100,000 are shot in the annual hunt during Autumn, and 100,000 calves are born each Spring. It can be found all over Sweden except on

the island of Gotland. Sweden has the densest population of Moose in the World. Although hundreds of thousands of Moose inhabit Sweden it can still be difficult to see a Moose in the wild. Some of the most densely populated areas with Moose in Sweden is Bergslagen and the rest of Central Sweden.

Breeding: The annual rut/mating season occurs during the end of September and beginning of October. During this period the bulls are active searching for cows and bulls typically mate with several cows.

The Moose offspring is called a calf. After a gestation period of 8 months (235 days) the cow gives birth to one or two calves, sometimes even three. The calf weighs 8-15 kilograms at birth and gain 1.5 kilograms per day during the first few months. The reddish fur changes into brown after about 2.5 months. The calf eat milk from the cow during 7-8 months. Young moose stay with their mothers until the following mating season when they are usually pushed away by the cow to give room for the new calves.

What does moose eat? Herbivore. Their diet consists of both terrestrial and aquatic vegetation. During Summer when food is plentiful they typically feed on herbs and leaves. During Winter they survive on shrubs and buds from Pine trees.

Natural predators: The most common moose predators are humans (hunting + traffic), wolves and bears.

Vallastaden Smart City



Ida Gyulai imagebank.sweden.se

Vallastaden in Linköping is a new neighborhood built for the future. Timber is used as structural building material, and a pilot four-story building is created on the basic idea to facilitate changes over time. Interior walls, even windows and balcony doors can with little effort be moved to any desired location. Wood is a renewable raw material that does not use up the earth's finite resources. Milling, transportation, and assembling results in significantly lower carbon dioxide emissions than other building materials.

The hierarchy of streets (boulevards, quarters and courtyards) organizes the circulation enabling people and vehicles to share the public spaces safely while generating quiet areas that prioritize people over cars. These places were designed with the aim of 'slowing down the pace' and fostering meeting in everyday life. They were carefully planned to make smooth transition between private (houses) and public spaces while providing an exciting experience for pedestrians. Parking is not permitted along the streets, but car parks are provided for the whole neighborhood. The functional mix of buildings (housing, office, commercial, school pre-school) is a strategy to decrease distances between places of production and consumption while enhancing public spaces by ensuring activity at different times of day.



Golden Valley representatives at the 95th Anniversary Luncheon for Mayflower Lodge which took place on Sunday, April 28, 2019.

Glimpses from District #12 convention in Milpitas (CA)

by Bert Winther, GL Deputy in District #15

Every year, two months after our District #15 convention, the corresponding event for District #12 takes place in northern California. This time it was held in Milpitas near San Jose (CA) with three members of our District attending - Susan Premo, Inga Francis and me (Bert).

It has always been a learning experience and a great inspiration for me, and I assume for Susan and Inga as well, to visit other Districts in the Vasa organization, especially our neighbor to the north. Historically, the two California Districts have been evenly matched as to the number of local Lodges and number of members. Five years ago, after a long stretch of declining membership figures in both Districts, a perpetual trophy was created. The intent was to change the discouraging trend by giving an annual award to the District with the best member statistics. Today, we are evenly matched also on the number of awards (two each) – District #12 trounced us this time. Susan brought the trophy to the hotel in Milpitas and I had the honor of presenting it at the convention – thank you Susan for taking good care of the plaque over the years.

Our District needs to do better on membership. In 2018 we lost the Scandinavian Lodge that was located

in La Mesa near San Diego and it looks like we will lose another important Lodge this year – we have received notice already from Evening Star in Huntington Beach. This past weekend, when I attended the convention up north, I was impressed by the fact that there are five local Lodges in District #12 with active children's clubs. All similar activities in our District were discontinued for various reasons over the years. The wonderful work by Ann Heinstedt and her team at Viking Village goes on, however, and it compensates to some extent for our losses. Not long ago, Evening Star had a children's club called Morning Star that put on an impressive show at Christmas – would it be possible for our Golden Valley Lodge to continue that tradition? Last year's event at the Prince of Peace church was a great start.

Another lesson from my visit in Milpitas was the importance of sticking to our Vasa motto – Generosity, Truth and Unity. With those three qualities we get harmony – or to use a term from the 1960s, good vibrations. I felt those good vibrations at the District #12 convention. The challenge for our District is **ON**.

Annual Social Event Trip

The GVL is planning a social trip September 21-22 to the San Diego Area. They will be going by bus to the Viking Festival in Vista, staying overnight in Vista, and the next day going to San Diego's Balboa Park to visit the House of Sweden. On the way home they will be going out to dinner. The cost of the trip is \$50, children free up to 18 years old.

The youth group has some money left over from last year and we can reimburse a few of the youth who are 19-21 Contact Dorothy Burns -

gladegal2003@yahoo.com

Reservations for the trip are required - the bus is limited so if interested, contact

dtrowbridge36@gmail.com as soon as possible.



The Golden Valley Youth Group is planning a trip to Disneyland! We are trying to get the word out to all the youth who are **members** or will be eligible to be members by October. (14 years old)

Interested Golden Valley Youth members are invited to participate for this on October 5th! We need to purchase the tickets *in advance*, so please text, or call, Nikki Taylor for details: 818.849.2011